

YEAR 9 PSHE AND CAREERS LESSONS JANUARY 2023

LESSON 1 – EMPLOYABILITY SKILLS



What are employability skills?

Knowledge, Skills & Actions

LEARNING
OUTCOMES



To understand the difference between "*hard*" and "*soft*" employability skills, considering how these may be transferred between different jobs.

To consider the other factors that are important to being employable.

STARTER ACTIVITY








Imagine you are going to employ somebody, what skills would you want them to have?

Write the question down and the skills you can think of in your exercise book.



What are employability skills?

BASELINE STUDENT CONFIDENCE CHECKER

BEFORE THE LESSON	1	2	3	4	5	6	7	8	9	10
	NOT CONFIDENT			CONFIDENT				VERY CONFIDENT		
I know the difference between hard and soft skills.										
I understand what skills are needed for the workplace.										
I can describe what a transferable skill is.										

Complete a baseline assessment of where you think you are at before we start this lesson
(Class Discussion or Self Assessment in Exercise Book)



 I'm not confident at all
  I'm getting more confidence
  Confident
  Very confident
  Super confident



Key Term Definitions

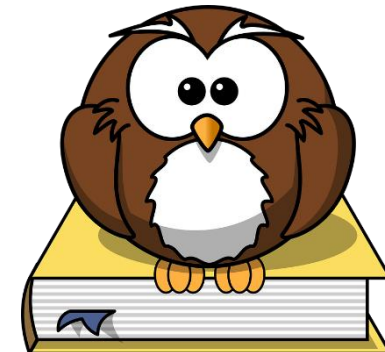
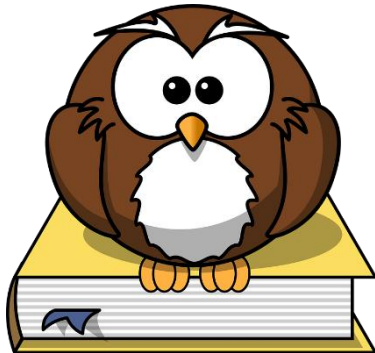


With a partner, discuss what you think the definition for **“employability”** is.

Then consider what someone who is **“employable”** may look and act like.

Employability

Employable



What does it mean to be employable?

Employability refers to a person's ability to get, and maintain, a job.

There are several key aspects that make someone employable.

These are:

Skills



Hard skills are teachable and measurable abilities, such as writing, reading, math or ability to use computer programs.

Soft skills are the traits that make you a good employee, such as etiquette, communication and listening, getting along with other people.

Mindset



You may have heard of "Growth" mindset. This means that you are willing to take on things that may seem difficult, but that help you to learn and grow.

This is the opposite of a "Fixed" mindset, where you do not feel that you can learn new things or improve on things you find difficult.

Attitude



Being employed can be challenging.

A positive attitude will help as it means that you are open to trying new things, feeling brave about brainstorming new ideas, and makes people feel excited to go to work with their co-workers.



What does it mean to be employable?

Let's explore each of these areas further...

Skills

Hard skills can be different from one job role to the next. For example, an **Engineer** will need to have **good Maths Skills**, however, a **Journalist** will need to have **good Writing Skills**.

Soft skills are the same for **every job role**, because all employers value all these skills. These include:



Task

From the list of soft skills above, which ones do you think **you are already good at**? Write them in your exercise book under the Heading Soft Skills.



What does it mean to be employable?

Let's explore each of these areas further...

Mindset

Here are some examples of how you can turn a Fixed mindset into a Growth mindset:

Instead of thinking...	Try to think this...
I can't do it.	I'm still learning, I will keep trying!
I am not good at this.	What can I learn to get better at this?
It's good enough.	Is this the best I can do?
It's too hard	With more practice, this will get easier!
I give up.	I'll try a different way.

Challenge: The next time you feel yourself having a fixed mindset thought, challenge yourself to make it into a growth mindset thought.



What does it mean to be employable?

Let's explore each of these areas further...

Attitude

A **positive attitude** is a state of mind that allows you to envision and expect good things.

It does not mean living in denial of the negative situations around you but instead means that you choose to stay optimistic, despite the negativity around you.

The benefits of a positive attitude include anticipating happiness, health, success, and opportunities.



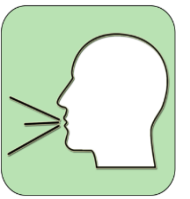
Class Discussion

Can you think of someone, maybe a friend, relative or teacher, who has a positive attitude?

How do you feel when you are around them?



What are transferable skills



We spoke earlier about soft skills, remember these:



They're important for all jobs, and all employers value them.
You may hear people refer to these as “transferable skills”.

Why do transferable skills matter? – Watch this 2 minute video

<https://youtu.be/tKKPUYfOkvw>



Who inspires you?

Earlier, we thought about somebody who you feel has a positive attitude.

Now, we want you to think of someone who inspires you. Think of somebody who is employable, with lots of skills. Someone who, if you owned a business, you would want to work for you.

This can be a family member, friend or even a celebrity!

Task

In your exercise book write:

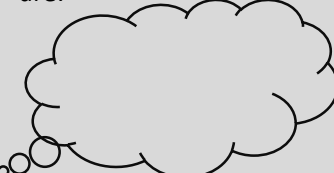
- The **name** of the person who inspires you
- What **skills** do they have – these can be hard, soft and transferable
- What **job** do they currently do

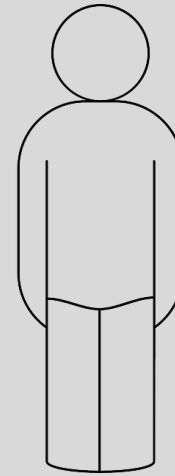
Based on the skills they have, make a list of **all the other jobs they could do with these skills.**

The person who inspires me is:

They have the following skills:
•
•
•

The job they do is:






Other jobs they could do are:




You have 10 minutes to complete this task

What are employability skills?

END OF THE LESSON STUDENT CONFIDENCE CHECKER

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Class Discussion or Self Assessment in Exercise Book



←

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Extension Task

Now that you know what employability skills are and have considered what skills your inspiring person has, it's time to think about you!

In your exercise book - make a list of all the skills you have and what jobs you think you could use these skills within.

